

Welcome to PCH Connect

This is our current way of delivering Community Development, Resident Involvement and Resident Learning activities, using a range of online, telephone and video conferencing activities.



How to take part

Once you have had a look at the options below, let us know if you would like to take part, by contacting communitiesteam@plymouthcommunityhomes.co.uk with the name of the activity you would like to join along with your contact details (full name, mobile number, email address). You can also telephone our Communities Team on 0808 230 6500. If you are on Facebook please join our Facebook page and Facebook social group

PCH People Social Group (PCH residents only)

<https://www.facebook.com/groups/2660427387399028/>

Plymouth Communities Hub Facebook Page

<https://www.facebook.com/Plymouth-Communities-Hub-107598050877461/>

Online events for Spring 2021



Alongside our current PCH Connect programme, we'll be running some special virtual sessions/ events including cooking, crafts, storytelling, games, and quizzes. You can find out more in our Facebook PCH Social Group (link above) or in our Facebook Event group <https://www.facebook.com/groups/334095574329839>

If you have any ideas for online sessions please get in touch with the Communities Team. We're always keen to hear about new activities we can try out so do get in touch. For more information contact us on 0808 230 6500, by emailing communitiesteam@plymouthcommunityhomes.co.uk or via post to: Communities Team, Plumer House, Tallyour Road, Plymouth, PL6 5DH.

Social Sessions

We look forward to welcoming you to our activities – so please join us!

Tuesdays @ 11am - 12pm - North Prospect Tea & Toast

An opportunity for North Prospect residents to get together with Community Workers from PCH and the Wolseley Trust for a virtual Tuesday Tea and Toast. Join us for a chat. You will need access to Facebook Messenger for this. To join us for a chat contact Leigh Ferguson <https://www.facebook.com/leigh.cdworker.9>

Tuesdays @ 12pm - 1pm - Janner Men's Shed

Janner Men's Shed meet on Facebook every Tuesday at 12 noon. Members only. If you would like more details please call the Communities Team on 0808 230 6500.

Tuesdays @ 12pm - 1pm - Craft Social Sessions

Social sessions to share crafts and ideas. We will use Facebook messenger to share our work, hints and tips, with a general chat and a cuppa. Not just for Towers residents, for anyone who loves all things crafty, and no you don't have to be an expert. To join the group contact Hayley Kemp <https://www.facebook.com/hayley.kemp.3910>

Wednesday @ 11am - 12pm - Notte St Community Cafe Elevenses

Group video chat on Facebook Messenger. Everyone welcome to join in and have a chat and you're welcome to join with audio only. To join the group contact Hazel Alexander <https://www.facebook.com/hazel.alexander.507>

Wednesday 12.30pm - 1.30pm - PCH Lunch Bunch (incl Chat & Games session) All welcome to join in for games and chat and you're welcome to join with audio only. Link up to the PCH People Social Group for more information <https://www.facebook.com/groups/2660427387399028/> (please note we ask you some simple questions before you join).



Online Groups

If you are on Facebook please join our PCH People Social Group for our latest opportunities. Click here to join <https://www.facebook.com/groups/2660427387399028/>
Some of the community groups we support can also be found online:

Efford Forum/Friends of Efford Marsh: Updates to residents of Efford regarding groups including Friends Of Efford Marsh and Efford Litter Pick etc. are posted on 'The Laira and Efford Notice Board' Facebook page (Open to all residents of Efford, Laira and Little America). Link can be found at <https://www.facebook.com/groups/359649111163393/>

North Prospect Community Updates to residents of North Prospect regarding groups including North Prospect Tea & Toast are posted on Leigh Ferguson's Facebook page. Link can be found at <https://www.facebook.com/leigh.cdworker.9>

Photo Club - When: Tuesday 1.30-2.30pm Social sessions to share photos and ideas. We will use video conferencing to share our work and show finished projects for our wider community. For more information on this drop-in session please email: communitiesteam@plymouthcommunityhomes.co.uk

History Club - When: Thursday 1.30-2.30pm Each week the group will pick an interesting subject to research and share. We will use video conferencing to share our ideas. For more information on this drop-in session please email: communitiesteam@plymouthcommunityhomes.co.uk



Fancy learning something new?

WHEN: Everyday at a time to suit you Learn something new with online courses. Visit <https://www.plymouthcommunityhomes.co.uk/our-community/learn-for-free/> to see our range of courses as well as learning offers from our partners. **Current courses:** Ancestry, Food Safety Level 2, Equality and Diversity Training, Confidence Building.

Update your Digital Skills You can also use the free 'Learn My Way' hub to learn computer skills or basic computer skills like online banking or social media. Log in by going to the website <https://www.learnmyway.com/> and sign up using our centre code – 8000268. **Please note this is open to PCH residents only.**



Tell us what you think

WHEN: Everyday at a time to suit you We would like to hear your views on our services. Visit our website for to find out more about Resident Involvement or join our involvement list. Click here for more information <https://www.plymouthcommunityhomes.co.uk/our-community/get-involved/>
Please note this is open to PCH residents only



Need a bit of extra support

Computer Skills When: Monday-Friday, 9am-5pm at a time to suit you Want to learn new computer skills or learn how to use social media to keep in touch? Book some time with one of our staff to help you. To book an appointment email communitiesteam@plymouthcommunityhomes.co.uk

Job Search Support When: Monday-Friday, 9am-5pm at a time to suit you Book some time with us to help guide you through job searches, writing a CV and recommend online learning courses. To book an appointment email: communitiesteam@plymouthcommunityhomes.co.uk **Please be aware we will not be able to assist with any benefit advice or benefit applications. For any benefit advice or applications, call our Incomes Team who will be able to help: 0808 230 6500**



Visit our 'Give it a go channel'

We will be regularly adding new activities; things you may not have thought about trying before and we hope you'll really enjoy. You may find a new hobby and will definitely have fun. Visit https://www.youtube.com/channel/UCydiech_h_473jKzR3lwKKA/videos or search for 'Hazel Alexander Community Worker' on YouTube **When: Everyday at a time to suit you**